

 2024 20km Stage Race 								
Race #	Name	Category	Day 1 - 11km	Day 2 - 9km	Total Time	Ov. Pos.	Gen. Pos.	Cat. Pos.
178	JOANE PIENAAR	Open F	1:40:43	1:02:48	2:43:31	1	1	1
176	RINA DE KLERK	Master F	1:48:29	1:07:40	2:56:09	2	2	1
177	MARELI JANSE VAN RENSBURG	Open F	1:48:42	1:11:19	3:00:01	3	3	2
147	JUAN GOOSEN	Master M	1:51:40	1:09:02	3:00:42	4	1	1
107	CHRISTELLE BRUMMER	Open F	1:51:12	1:10:54	3:02:06	5	4	3
141	MICHELLE NORTJE	Open F	1:51:12	1:10:55	3:02:07	6	5	4
231	IVONE SMITH	Open F	1:55:30	1:11:04	3:06:34	7	6	5
43	JAN SMUTS	Veteran M	2:01:10	1:18:30	3:19:40	8	2	1
233	ANNARINE BURGER	Veteran F	2:04:13	1:19:28	3:23:41	9	7	1
202	SYLVIA STOBART	Veteran F	2:04:25	1:26:14	3:30:39	10	8	2
12	MIEKE GREYVENSTEYN	U12 F	2:18:54	1:13:29	3:32:23	11	9	1
53	ANNELIZE STEYN	Grand Master F	2:11:54	1:23:09	3:35:02	12	10	1
17	ROSS BARRETT	Open M	2:11:11	1:24:00	3:35:11	13	3	1
78	JEANINE DE VOS	Open F	2:13:57	1:21:19	3:35:16	14	11	6
77	LINDIE DE VOS	Open F	2:13:58	1:21:18	3:35:16	15	12	7
174	ANDRIETTE BREYTENBACH	Master F	2:14:04	1:22:39	3:36:42	16	13	2
18	JOHN BARRETT	Open M	2:11:13	1:25:36	3:36:49	17	4	2
140	LISA ERASMUS	Open F	2:13:55	1:25:43	3:39:38	18	14	8
142	UNINE NORTJE	Open F	2:13:56	1:25:45	3:39:40	19	15	9
30	HENDRIK PRETORIUS	Veteran M	2:11:31	1:28:53	3:40:24	20	5	2
116	ADEL SCHOEMAN	Veteran F	2:22:40	1:22:35	3:45:15	21	16	3
117	RONETTE BREYTENBACH	Veteran F	2:22:41	1:22:38	3:45:19	22	17	4
72	JOHAN BENAND	Open M	2:25:52	1:20:49	3:46:41	23	6	3
71	LANA VAN DER WESTHUIZEN	Open F	2:25:58	1:20:48	3:46:46	24	18	10
11	WERNER GREYVENSTEYN	Veteran M	2:22:57	1:25:17	3:48:14	25	7	3
165	MEGAN VAN DER MERWE	Open F	2:26:02	1:25:00	3:51:02	26	19	11
168	NEVILLE PHILLIPS	Grand Master M	2:26:03	1:25:01	3:51:04	27	8	1
16	KENT ROBINSON	Grand Master M	2:20:51	1:31:49	3:52:39	28	9	2
205	BRONWYN DOS SANTOS	Open F	2:26:46	1:27:09	3:53:55	29	20	12



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23	LISINDA VAN ZYL	Open F	2:31:29	1:29:35	4:01:05	30	21	13
26	INGRID SELLSCHOP	Master F	2:35:19	1:30:35	4:05:54	31	22	3
113	LUCILLE DE VILLIERS	Open F	2:41:30	1:27:43	4:09:13	32	23	14
57	SIAN FICK	Open F	3:05:13	1:33:09	4:38:22	33	24	15
56	DONALD FICK	Veteran M	3:05:14	1:33:10	4:38:23	34	10	4
99	DESRAY REYNALDS	Master F	2:57:15	2:07:38	5:04:53	35	25	4
124	GABRIELLE KNOTT	Open F	3:30:50	2:10:24	5:41:14	36	26	16