



2024



28km Stage Race

Race #	Name	Category	Day 1 - 15km	Day 2 - 13km	Total Time	Ov. Pos.	Gen. Pos.	Cat. Pos.
228	KEVIN PIETERSEN	Open M	2:06:01	1:08:30	3:14:31	1	1	1
232	MATT LINDENBERG	Open M	2:14:20	1:12:07	3:26:27	2	2	2
210	KAYLA WHEELDON	Open F	2:39:43	1:18:59	3:58:42	3	1	1
63	VILLIERS STEYN	Veteran M	2:46:29	1:22:51	4:09:20	4	3	1
230	EDWARD SMITH	Open M	2:57:00	1:19:04	4:16:04	5	4	3
193	CHANTELLE BOTHA	Open F	2:57:00	1:19:59	4:16:59	6	2	2
192	JOHAN BOTHA	Open M	2:57:00	1:24:56	4:21:56	7	5	4
191	KOBUS ELOFF	Open M	2:57:02	1:31:41	4:28:43	8	6	5
153	BRENDON LONGPHURST	Master M	3:06:53	1:23:42	4:30:35	9	7	1
187	JACQUES DU BUISSON	Veteran M	3:11:11	1:22:10	4:33:21	10	8	2
20	ALLISON LEE BLAIR	Veteran F	3:07:47	1:26:13	4:34:01	11	3	1
42	JEANNE MATTHIS	Veteran F	3:06:50	1:30:37	4:37:27	12	4	2
159	MEGAN SCOTT	Open F	3:19:26	1:21:31	4:40:57	13	5	3
3	ODETTE KATZIN	Veteran F	3:13:17	1:28:47	4:42:04	14	6	3
194	STIAN SCHUTTE	Open M	3:16:24	1:31:42	4:48:05	15	9	6
158	GREG SCOTT	Open M	3:27:46	1:21:32	4:49:19	16	10	7
197	MARLIZE MEINTJES	Open F	3:01:36	1:52:20	4:53:55	17	7	4
229	ANGELICA MILLS	Open F	3:21:20	1:33:36	4:54:56	18	8	5
36	LECIA STEELE	Open F	3:23:01	1:36:32	4:59:33	19	9	6
186	ANDY LOUW	Open F	3:22:21	1:38:35	5:00:56	20	10	7
189	THEO LOUW	Open M	3:22:22	1:38:35	5:00:57	21	11	8
160	SARAH BARROW	Veteran F	3:31:28	1:31:28	5:02:56	22	11	4
219	REON MARX	Open M	3:29:35	1:33:42	5:03:17	23	12	9
51	SEAN SMUTS	Veteran M	3:34:31	1:29:47	5:04:18	24	13	3
127	ERICA VAN JAARSVELD	Open F	3:34:20	1:37:25	5:11:45	25	12	8
128	JANN PRINSLOO	Veteran M	3:34:20	1:37:27	5:11:47	26	14	4
14	ESTI BOONZAAIER	Veteran F	3:34:31	1:41:26	5:15:57	27	13	5
188	ZARA DU BUISSON	Open F	3:39:30	1:37:55	5:17:26	28	14	9
129	ELIZABETH DEVENISH	Master F	3:38:18	1:41:18	5:19:37	29	15	1



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163	CAYLEE KNOPFMACHER	Open F	3:34:14	1:45:28	5:19:42	30	16	10
218	CHARNE MARX	Open F	3:34:28	1:47:51	5:22:19	31	17	11
148	MARELIZE SCHOEMAN	Open F	3:57:07	1:38:29	5:35:36	32	18	12
97	CHARLENE DE SOUZA	Open F	3:57:19	1:42:20	5:39:39	33	19	13
37	SIMONE SWART	Veteran F	4:03:41	1:38:02	5:41:43	34	20	6
96	MELANIE VAN DER LINDE	Open F	4:00:28	1:42:21	5:42:49	35	21	14
149	ANNEMARIE NEL	Open F	4:03:42	1:43:14	5:46:56	36	22	15
48	HEIDI DE BRUINE	Veteran F	3:59:51	1:53:47	5:53:38	37	23	7
31	MORNE DE BRUINE	Veteran M	3:59:52	1:53:49	5:53:42	38	15	5
161	TRISTAN PATRICK	Open M	4:06:41	1:47:24	5:54:05	39	16	10
119	DAAN MALHERBE	Grand Master M	4:10:55	1:50:50	6:01:45	40	17	1
162	COLIN MICHAEL PATRICK	Master M	4:06:41	1:56:51	6:03:32	41	18	2
118	COREEN MALHERBE	Master F	4:15:05	1:50:49	6:05:54	42	24	2
156	ANNERI DUVENAGE	Open F	4:18:03	1:54:23	6:12:26	43	25	16
157	MARELIE JOUBERT	Open F	4:18:05	1:54:24	6:12:29	44	26	17
166	MARIAAN VAN AARDT	Grand Master F	4:20:18	1:54:10	6:14:29	45	27	1
167	WENDY ALBERTS	Master F	4:20:17	1:54:11	6:14:29	45	27	3
114	ROSANNA PETERSEN	Open F	3:33:57	2:42:44	6:16:41	47	29	18
115	ANE ROUX	Veteran F	3:33:59	2:42:44	6:16:42	48	30	8
65	TANIA STEYN	Veteran F	4:41:16	1:42:06	6:23:22	49	31	9
100	NICOLETTE SEGER	Master F	4:44:09	1:47:02	6:31:11	50	32	4
66	NATASHA TROLLIP	Open F	4:41:24	1:54:14	6:35:38	51	33	19
235	BRONWYN MAREE	Veteran F	4:44:12	1:52:57	6:37:10	52	34	10
101	GRANT CLACK	Grand Master M	4:44:14	1:53:00	6:37:13	53	19	2
172	LEE-ANNE SONNEKUS	Open F	4:59:40	2:06:22	7:06:02	54	35	20
164	JULITA VAN ZUYDAM	Grand Master F	5:22:11	1:51:29	7:13:39	55	36	2
213	ROZANNE MASTERS	Open F	5:22:12	1:51:30	7:13:42	56	37	21
10	JACQUI BIGGS	Master F	5:09:35	2:19:12	7:28:47	57	38	5
8	MICHELLE BARKER	Master F	5:15:19	2:19:11	7:34:30	58	39	6



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7	LEE BUCKLE	Grand Master F	5:09:36	2:27:27	7:37:04	59	40	3
9	GAYE KIRK	Master F	5:45:01	2:27:29	8:12:30	60	41	7
49	YOLANDI MEULKE	Veteran F	8:00:13	2:36:56	10:37:09	61	42	11