



2024



70km Stage Race

Race #	Name	Category	Day 1 - 42km	Day 2 - 28km	Total Time	Ov. Pos.	Gen. Pos.	Cat. Pos.
220	TSHEPO PEBANE	Open M	5:33:09	1:56:04	7:29:14	1	1	1
211	JASON PECKHAM	Open M	5:36:26	2:00:38	7:37:04	2	2	2
24	CHRISTOPHER LOUW	Veteran M	5:35:15	2:13:49	7:49:04	3	3	1
109	KARINE BEZUIDENHOUT	Open F	5:49:12	2:16:36	8:05:48	4	1	1
182	NICK BRITS	Veteran M	6:44:12	2:13:27	8:57:39	5	4	2
155	WESLEY SMITH	Open M	6:44:53	2:19:07	9:04:00	6	5	3
21	ANDREW GEYSER	Open M	7:03:05	2:14:44	9:17:48	7	6	4
146	ESNA GOOSEN	Veteran F	6:55:10	2:23:15	9:18:25	8	2	1
200	ALBERT IDEMA	Open M	7:14:06	2:44:55	9:59:01	9	7	5
84	MARCO GROBBELAAR	Open M	7:22:45	2:43:24	10:06:08	10	8	6
199	JUAN OOSTHUIZEN	Open M	7:39:04	2:44:54	10:23:58	11	9	7
130	ANDREA ICELY	Open F	7:42:58	2:50:45	10:33:43	12	3	2
25	ROBYN LOUW	Open F	7:45:18	2:49:51	10:35:10	13	4	3
44	MATTHEW JOHNSTON	Open M	8:32:30	2:04:24	10:36:54	14	10	8
88	TIM LLOYD	Open M	7:50:19	2:50:45	10:41:04	15	11	9
86	RAFE DYER	Veteran M	7:50:19	2:59:12	10:49:31	16	12	3
105	CONRAD MULLER	Open M	8:22:42	2:51:33	11:14:15	17	13	10
221	JACKY BANGO	Open M	8:32:45	2:49:42	11:22:27	18	14	11
32	JANET FORSYTH	Open F	8:23:50	3:01:56	11:25:46	19	5	4
33	LUZAAN PRETORIUS	Veteran F	8:23:51	3:01:57	11:25:48	20	6	2
121	KYLE VAN DE VYVER	Veteran M	8:24:19	3:01:55	11:26:14	21	15	4
120	BRUCE P THOMPSON	Open M	8:24:20	3:01:59	11:26:19	22	16	12
145	ERWIN LOUW	Veteran M	8:35:41	3:00:34	11:36:15	23	17	5
74	JULIE BRYDEN	Veteran F	8:37:45	3:25:57	12:03:42	24	7	3
75	ROBERT BRYDEN	Veteran M	8:37:45	3:25:58	12:03:44	25	18	6
45	DAVID PAUL JACOBS	Open M	8:32:29	3:44:21	12:16:50	26	19	13
85	ERWIN VON SELLNER	Open M	9:46:44	3:00:28	12:47:12	27	20	14
15	BRIDGET ROBINSON	Master F	10:39:39	4:12:03	14:51:43	28	8	1