



Day 1 - 06 June 2024



24km

Race #	Race Time	Name	Category	Overall Position	Gender Position	Cat. Position
64	3:33:33	FRANCOIS STEYN	Veteran M	1	1	1
52	3:43:39	SHANNON YOUNG	Open F	2	1	1
112	3:50:11	BERNO DE VILLIERS	Open M	3	2	1
110	3:53:11	NICOLE FIOLET	Open F	4	2	2
175	4:00:22	DILLEN MCGAFFIN	Open M	5	3	2
183	4:04:09	FRANCO PRETORIUS	Open M	6	4	3
170	4:10:02	WYNAND BEETGE	Open M	7	5	4
50	4:20:03	DEREK WOLMARANS	Open M	8	6	5
226	4:20:43	PAT BRENCHLEY	Grand Master M	9	7	1
131	4:26:36	MATTHEW GRANT	Open M	10	8	6
54	4:37:33	SVEN LEISEGANG	Open M	11	9	7
41	4:38:08	IAN NELSON	Open M	12	10	8
93	4:42:53	JESSICA EDWARDS	Open F	13	3	3
94	4:42:54	MICHAEL SCHUMANN	Open M	14	11	9
92	4:48:10	MORNE VD WALT	Veteran M	15	12	2
171	4:53:35	CJ VAN EYK	Open M	16	13	10
195	4:53:36	DAANDRE COETZEE	Open M	17	14	11
122	5:01:12	BONITA SADIE	Open F	18	4	4
123	5:01:13	IZAK KOTZE	Open M	19	15	12
29	5:02:05	KATE BUTLIN	Veteran F	20	5	1
58	5:05:16	FRIEDA HUMAN	Veteran F	21	6	2
204	5:09:06	DARREN NEILLE	Open M	22	16	13
201	5:09:14	BYRON STOBART	Veteran M	23	17	3
207	5:10:25	CHIARA DAVIS	Open F	24	7	5
208	5:10:26	JOHNNY DAVIS	Open M	25	18	14
184	5:18:40	HANLIE PRETORIUS	Master F	26	8	1
185	5:18:42	RIEBERT PRETORIUS	Master M	27	19	1
126	5:19:06	MARNA KRASS DE KRASSNOKUTSKIO	Veteran F	28	9	3
27	5:22:40	BYRON FORSBERG	Open M	29	20	15
28	5:22:42	SAMANTHA FORSBERG	Open F	30	10	6
225	5:23:01	LINDA BRENCHLEY	Master F	31	11	2
81	5:39:23	CHANTELLE PRETTO	Open F	32	12	7
40	5:44:12	PASQUALE CAMPANELLA	Open M	33	21	16
79	5:47:47	CARIEN SPAGNUOLO	Open F	34	13	8
80	5:58:23	BJORN HAHMANN	Veteran M	35	22	4
82	5:58:24	MICHELLE YUNNIE	Open F	36	14	9
83	5:59:26	ELRA DEJAGER	Master F	37	15	3
103	6:02:50	ZELDA MULLER	Master F	38	16	4
22	6:02:52	MARIE SNYMAN-JACOBS	Master F	39	17	5
47	6:11:25	HERMAN STRYDOM	Veteran M	40	23	5
5	6:20:15	MARK WINTERBOTTOM	Grand Master M	41	24	2



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4	6:20:58	SAMANTHA WINTERBOTTOM	Veteran F	42	18	4
46	6:20:58	WENDY STRYDOM	Veteran F	43	19	5
206	6:20:59	DALEEN HARTLEY	Veteran F	44	20	6
67	6:21:16	SANEL ALLERSTON	Veteran F	45	21	7
69	6:21:20	ANTOINETTE NEETHLING	Veteran F	46	22	8
68	6:21:23	LISA VAN STADEN	Veteran F	47	23	9
70	6:21:29	KIMMY BEZUIDENHOUT	Veteran F	48	24	10
135	6:27:47	MARIE-LOUISE BRONKHORST	Veteran F	49	25	11
134	6:27:52	DINEO PHASHA	Open F	50	26	10
132	6:27:53	KARIN MYBURGH	Open F	51	27	11
137	6:27:54	OLGA SMIT	Open F	52	28	12
136	6:27:55	MARZANNE GRIESEL	Open F	53	29	13
133	6:27:56	LIESEL JACOBS	Open F	54	30	14
138	6:27:57	CHANE ALBERTS	Open F	55	31	15
150	6:37:42	JODI KENDALL	Veteran F	56	32	12
151	6:37:43	SHIREANE GOODENOUGH	Master F	57	33	6
152	6:37:44	SANDRA ADAMS	Master F	58	34	7
154	6:40:39	CARINE GROBBELAAR	Open F	59	35	16
73	6:49:39	TANIA THOMPSON	Grand Master F	60	36	1
13	7:33:05	CHRISNA VILJOEN	Master F	61	37	8
223	7:45:31	MICHAELA BROUCKAERT	Open F	62	38	17
222	7:45:34	JACO PRINSLOO	Open M	63	25	17
180	7:54:29	KATHRYN-LEAH BEILING	Open F	64	39	18
179	7:54:30	ESTELLE WHITBY	Veteran F	65	40	13
190	8:04:24	CHARLENE TARIRO CHIPOYERA	Open F	66	41	19
106	8:41:12	MARILYN ELIZABETH KAMP	Grand Master F	67	42	2
102	8:41:13	COLIN WALTER	Grand Master M	68	26	3