



2025



20km Stage Race

Race #	Name	Category	Day 1 - 11km	Day 2 - 9km	Total Time	Ov. Pos.	Gen. Pos.	Cat. Pos.
101	JANRICH CRONJE	Open M	1:08:35	0:47:58	1:56:33	1	1	1
56	ALBERTUS TAUTE	Open M	1:08:55	0:51:29	2:00:24	2	2	2
102	ANSOPHIE OLIVIER	Open F	1:21:20	0:50:45	2:12:06	3	1	1
10	MIEKE GREYVENSTEYN	U12 F	1:37:33	0:58:52	2:36:25	4	2	1
172	JOHAN HOUGH	Open M	1:51:11	0:52:22	2:43:32	5	3	3
5	MOSHALEKODI REMEMBER MADI	Open F	1:38:20	1:13:58	2:52:18	6	3	2
3	BONGANE NKWINIKA	Open F	1:38:27	1:13:58	2:52:25	7	4	3
223	MARLI ELOFF	Open F	1:51:52	1:02:17	2:54:09	8	5	4
7	CHRISTINE VISSER	Open F	1:51:52	1:07:52	2:59:44	9	6	5
173	TANIA HOUGH	Open F	1:53:52	1:08:14	3:02:06	10	7	6
222	ANNARINE BURGER	Veteran F	1:51:53	1:10:58	3:02:50	11	8	1
47	MELISSA ALBERTS	Master F	2:00:02	1:04:04	3:04:06	12	9	1
58	PIETER JANSE VAN RENSBURG	Open M	1:51:38	1:15:58	3:07:36	13	4	4
24	DELOUISE BADENHORST	Master F	2:00:03	1:10:06	3:10:09	14	10	2
28	RONETTE BREYTENBACH	Veteran F	1:59:23	1:10:50	3:10:14	15	11	2
27	ADEL SCHOEMAN	Veteran F	2:01:52	1:13:43	3:15:35	16	12	3
77	NANDI DOYER	Veteran F	2:07:22	1:11:57	3:19:19	17	13	4
148	DAVID STRAUSS	Open M	2:12:06	1:15:23	3:27:29	18	5	5
30	MARK VAN ECK	Veteran M	2:12:00	1:15:40	3:27:40	19	6	1
12	WERNER GREYVENSTEYN	Veteran M	2:12:31	1:17:21	3:29:52	20	7	2
75	MARELIE JOUBERT	Open F	2:07:23	1:24:18	3:31:41	21	14	7
150	JURIE HAYES	Grand Master M	2:24:10	1:09:20	3:33:30	22	8	1
180	DANIELLE VAN ROOYEN	Veteran F	2:19:54	1:14:53	3:34:47	23	15	5
53	MIEMIE NEL	Master F	2:30:15	1:05:45	3:36:00	24	16	3
76	CARO DE WITT	Veteran F	2:24:12	1:11:58	3:36:10	25	17	6
4	MORONGWE NURSE MOLAMODI	Open F	2:15:59	1:20:52	3:36:51	26	18	8
136	WENDY MARITZ	Master F	2:22:49	1:14:55	3:37:44	27	19	4
63	CARINE SMIT	Open F	2:24:13	1:14:57	3:39:10	28	20	9
17	ANGIE MICHAU	Open F	2:19:04	1:23:30	3:42:34	29	21	10



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147	MARINA STRAUSS	Open F	2:24:09	1:20:57	3:45:06	30	22	11
149	LORIA SMIT	Veteran F	2:24:39	1:20:54	3:45:33	31	23	7
74	LAETITIA HOFMEYR	Veteran F	2:24:29	1:24:17	3:48:47	32	24	8
130	LIEZL JOUBERT	Open F	2:22:51	1:27:30	3:50:20	33	25	12
36	LEIGH HILL	Master F	2:22:52	1:27:30	3:50:22	34	26	5
51	BEN NEL	Master M	2:30:16	1:21:45	3:52:01	35	9	1
135	KYLE MARITZ	Junior M	2:55:28	0:56:46	3:52:14	36	10	1
37	RENEE RUDOLPH	Grand Master F	3:12:55	2:02:28	5:15:24	37	27	1
9	ISABEL MCKENNA	Veteran F	3:28:44	1:51:48	5:20:32	38	28	9
151	HANNALIE ERASMUS	Master F	3:28:46	1:51:50	5:20:36	39	29	6
126	NICOLA SMUTS	Master F	3:12:14	2:12:48	5:25:02	40	30	7