



Stage 1 - 16km Results



2025-06-28

Race #	Race Time	Name	Category	Overall Position	Gender Position	Cat. Position
105	2:20:41	GRAEME WUTH	Veteran M	1	1	1
166	2:21:38	RUAN RADEMEYER	Veteran M	2	2	2
205	2:31:19	PAUL CATHALA	Open M	3	3	1
193	2:34:59	ALBRECHT SCHEEPERS	Master M	4	4	1
14	2:46:47	LITA BREYTENBACH	Veteran F	5	1	1
195	2:46:53	ZOE SCHEEPERS	U18 F	6	2	1
57	2:51:39	CARINA JANSE VAN RENSBURG	Veteran F	7	3	2
1	2:51:55	RUAN ERASMUS	Open M	8	5	2
2	2:51:56	HELGARD REDELINGHUYS	Open M	9	6	3
62	2:58:31	CHANTAL BOTHA	Open F	10	4	1
103	2:58:32	DAVID HOFFMAN	Veteran M	11	7	3
219	3:00:36	TAMMY LAPPING	Veteran F	12	5	3
131	3:03:01	LE CLUE BESSELAAR	Open M	13	8	4
13	3:03:57	LIESEL GROBBELAAR	Veteran F	14	6	4
89	3:04:20	MARIONETTE ROSELT	Open F	15	7	2
194	3:04:44	AUGUSTIN DE BELLEFON	Open M	16	9	5
134	3:05:39	CARL MARITZ	Master M	17	10	2
202	3:10:36	JULIETTE CAMPOGRANDE	Open F	18	8	3
206	3:10:39	FRANCESCO PAOLO RUSSI	Open M	19	11	6
170	3:10:56	RIONILDO MACAMO	Open M	20	12	7
207	3:11:15	SOPHIE ENGERMAN	Open F	21	9	4
204	3:11:16	MAUD BONTET	Open F	22	10	5
50	3:14:19	DELOUISE ALBERTS	Open F	23	11	6
155	3:14:33	LIEKE BUIJS	Open F	24	12	7
85	3:17:23	CHRISNA DUVENHAGE	Veteran F	25	13	5
201	3:21:20	TOBIAS NIEBUHR	Open M	26	13	8
200	3:21:21	MELANDE STADLER	Open F	27	14	8
199	3:21:22	RUTH-ANNE GRAHAM	Open F	28	15	9
210	3:24:32	JONATHAN CARSON	Open M	29	14	9
152	3:25:30	TALITHA ERASMUS	Open F	30	16	10
34	3:25:58	NICOLE MCMANUS	Open F	31	17	11
142	3:27:53	RACHEL FORWARD	Open F	32	18	12
140	3:27:53	RUTH VAN ROOYEN	Open F	33	19	13
48	3:30:21	BEULAH ALBERTS	Open F	34	20	14
49	3:30:22	RICHARD CHAMPION	Open M	35	15	10
176	3:30:24	FABRIZIO DE DONATIS	Open M	36	16	11
192	3:31:12	ELIZE SCHEEPERS	Master F	37	21	1
111	3:31:38	GABRIELLE SMITH	Open F	38	22	15
40	3:37:16	JORINA VIVIERS	Veteran F	39	23	6
23	3:37:16	DENEE FICK	Veteran F	40	24	7
6	3:37:16	TESSA VAN SITTERT	Veteran F	41	25	8

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137	3:39:22	KAREN CRONJE	U18 F	42	26	2
138	3:44:46	TINUS CRONJE	Open M	43	17	12
54	3:44:47	MAIA NEL	Open F	44	27	16
55	3:44:48	MATTHEW KAUZIL	Open M	45	18	13
221	3:54:16	TANIA STEYN	Veteran F	46	28	9
203	3:58:56	CARA DUNN	Open F	47	29	17
80	3:58:58	LEON REYNOLDS	Open M	48	19	14
143	3:59:17	TUELO MOKOKA	Open F	49	30	18
163	4:03:38	DOLF BLIGNAUT	Master M	50	20	3
168	4:03:39	CECILE BLIGNAUT	Master F	51	31	2
198	4:15:10	ELENA CONTE	Open F	52	32	19
177	4:15:30	KHADY-LYNE NDAW	Open F	53	33	20
125	4:16:51	JASON SMUTS	Master M	54	21	4
124	4:16:52	JAN SMUTS	Master M	55	22	5
43	4:22:54	MIGUEL GRACA	Open M	56	23	15
44	4:22:55	KAYLEY THOMPSON	Open F	57	34	21
114	4:23:04	JOHAN VISAGIE	Veteran M	58	24	4
118	4:23:05	SUSAN VISAGIE	Veteran F	59	35	10
162	4:23:06	STACEY NELSON	Open M	60	25	16
161	4:23:06	IAN NELSON	Open M	61	26	17
215	4:23:24	CLAIRE DE BRUCE	Open F	62	36	22
220	4:26:16	MICHELE TIMKO	Master F	63	37	3
61	4:31:33	BRIDGET ROBINSON	Master F	64	38	4
128	4:33:41	JOCELYN DYER	Open F	65	39	23
127	4:33:42	JESS LANSDOWN	Open F	66	40	24
129	4:33:43	LAURA LOVELAND	Open F	67	41	25
70	4:54:32	ADRI STOFBERG	Veteran F	68	42	11
211	5:05:07	JESS LIND	Open F	69	43	26
191	5:14:33	CATH VISE	Veteran F	70	44	12
71	5:15:54	NELANI BURGER	Veteran F	71	45	13
79	5:32:30	VANESSA FOURIE	Veteran F	72	46	14
78	5:32:31	PHILIP FOURIE	Veteran M	73	27	5
123	5:38:50	REINHARDT HESSE	Open M	74	28	18
96	5:44:19	AMANDA NERO	Veteran F	75	47	15
97	5:44:19	FLORENCE ERB	Open F	76	48	27
157	5:52:01	BRENDA VAN ZIJL	Master F	77	49	5
158	5:52:01	ALEXANDRA VAN ZIJL	Open F	78	50	28
87	5:57:41	MONIQUE MARAIS	Open F	79	51	29
164	6:28:30	THANDI WEIDEMAN	Veteran F	80	52	16
169	6:28:31	PAULINE LIVERSAGE	Master F	81	53	6
165	6:28:36	ANEL VENTER	Master F	82	54	7

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196	7:31:27	ROBIN NAUDE	Master F	83	55	8		
197	7:31:36	MARGIE TOURS	Veteran F	84	56	17		