

2026

Stage 1 · 16km

Race #	Race Time	Name	Category	Overall Position	Gender Position	Cat. Position
163	2:31:57	DOROTHY MORGAN	Open F	1	1	1
171	2:37:26	ALBRECHT SCHEEPERS	Master M	2	1	1
134	2:43:55	BEN FERGUSON	Open M	3	2	1
237	2:56:09	FRITZ SWANEPOEL	Open M	4	3	2
145	3:04:10	TARA POHL	Open F	5	2	2
206	3:05:09	NICHOLAS HORN	Open M	6	4	3
207	3:05:19	VALENTIN SCHEPKE	Open M	7	5	4
187	3:06:27	BRUCE FALCON	Master M	8	6	2
228	3:06:43	MICHAEL JOB	Veteran M	9	7	1
88	3:11:27	LISA SLABBERT	Veteran F	10	3	1
89	3:11:30	LEIGH HOFT	Veteran F	11	4	2
90	3:11:32	WARREN SLABBERT	Veteran M	12	8	2
63	3:22:44	LAUREN RADEMEYER	Veteran F	13	5	3
62	3:22:50	DEBORAH JANE BUSSMANN	Veteran F	14	6	4
75	3:26:50	DENEE FICK	Veteran F	15	7	5
174	3:27:09	LARUSHA SCHEEPERS	Open F	16	8	3
98	3:29:41	SARAH GOODMAN	Open F	17	9	4
165	3:38:11	NICOLAS FINN	Open M	18	9	5
164	3:38:14	ROBYN MORGAN	Open F	19	10	5
79	3:43:13	ANDREW SCOTT	Master M	20	10	3
147	3:46:53	SYBRANDT FOUCHE	Veteran M	21	11	3
172	3:50:44	ELIZE SCHEEPERS	Master F	22	11	1
44	3:50:51	DARI LAW	Veteran M	23	12	4
131	3:54:27	KYLIE MCGUIRK	Open F	24	12	6
129	3:54:33	KRISTI SPENCER	Open F	25	13	7
13	3:58:27	GRANT BALLINGTON	Open M	26	13	6
85	4:06:46	SUNETTE SWART	Master F	27	14	2
103	4:08:27	CHARMAINE CHELIN	Grand Master F	28	15	1
115	4:09:00	ANGELA COLEMAN	Master F	29	16	3
116	4:09:02	DAVE COLEMAN	Master M	30	14	4
179	4:09:15	DAVID STRAUSS	Open M	31	15	7
162	4:12:00	LUDO COETZEE	U16 M	32	16	1
160	4:12:01	LOURENS COETZEE	Veteran M	33	17	5
137	4:29:11	CARINA VANVUUREN	Veteran F	34	17	6
51	4:38:39	LORAINE CODD	Master F	35	18	4
52	4:38:43	LARISSA SPARG	Master F	36	19	5
235	4:38:47	LIZAHNE LIVERSAGE	Open F	37	20	8
192	4:48:44	KIRSTI WELLS	Master F	38	21	6
193	4:48:46	CHARLES WELLS	Master M	39	18	5



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141	4:49:01	ERIKA BUYS	Master F	40	22	7
142	4:49:04	TALANA SMITH	Master F	41	23	8
143	4:49:07	JOLIZE PEASLEY	Master F	42	24	9
222	4:58:51	MARA-JEAN KRUPA	Open F	43	25	9
223	4:58:53	ANDRES BARRAGAN	Open M	44	19	8
78	4:59:52	KIRSTEN STEENKAMP	Open F	45	26	10
39	5:06:06	CORNELIA GILIOMEE	Master F	46	27	10
181	5:09:41	JURIE HAYES	Grand Master M	47	20	1
180	5:09:45	MARINA STRAUSS	Open F	48	28	11
132	5:17:11	SHANNON TUCKER	Open F	49	29	12
102	5:18:16	LIZE KING	Open F	50	30	13
80	5:23:30	YVETTE WOODHEAD	Master F	51	31	11
81	5:23:33	KARIN SMIT	Master F	52	32	12
138	5:24:01	ANDREA MEYER	Junior F	53	33	1
139	5:24:07	ANGIE WEBSTER	Open F	54	34	14
130	5:52:44	NICOLE KALLIS	Open F	55	35	15
11	6:13:54	DEANNE BALLINGTON	Grand Master F	56	36	2
12	6:13:56	ALISON GUISE-BROWN	Grand Master F	57	37	3
42	7:25:50	RENE EHLERS	Master F	58	38	13
118	7:27:58	YOSTA ZANDVLIET	Open F	59	39	16
117	7:28:00	WAYNE VAN DRIEL	Open M	60	21	9
73	8:00:51	JANE BAIN	Grand Master F	61	40	4
74	8:00:56	LINDA ATTWELL	Grand Master F	62	41	5
152	8:45:07	MARKUS WENSKE	Master M	63	22	6